



## HORSE DETAILS

To be completed by Trainer/Rider/Groom

Horse Name \_\_\_\_\_ Breed \_\_\_\_\_

Age (years) \_\_\_\_\_ Sex  Mare  Gelding   
Stallion

Date of last deworming (MM/YYYY) \_\_\_\_\_

Daily dose of in-sideout (grams) & date started \_\_\_\_\_  
(Horses in work, travelling or under stress = 20-40g daily. 1 scoop = 10g)

Daily dose of osmo-lyte or osmo-lyte active (grams) & date started \_\_\_\_\_  
Activity Level: Maintenance = 30g; Moderate = 60g; Intense = 90g. 1 scoop = 30g).

Trainer/Rider Name \_\_\_\_\_ Phone Number \_\_\_\_\_

**IN THE PAST 12 MONTHS HAS THE HORSE PRESENTED WITH ANY SIGNS OF GASTROINTESTINAL ISSUES?**

If so, describe symptoms & when they manifested (e.g. diarrhoea immediately after travelling)

**COMMENTS RELEVANT TO OBSERVATION PERIOD**

(E.g., horse missed dose of in-sideout or osmo-lyte on xx date/ mare was in heat/ horse sustained injury/)

## HORSE OBSERVATION RECORD

To be completed by Trainer/Rider/Groom

Horse Name \_\_\_\_\_

PHASE KEY	
HPT = at home, pre-travel to competition	ITC = In-transit to competition
PTD = post-travel, first 24hrs at destination	C = at competition
DPT = at destination, pre-travel back home	ITH = in-transit back to home
PTH = at home, first 24hrs post-travel	

PHASE *								
INITIALS & DATE								
<b>Water Consumption Normal?</b> <i>Yes/No</i>								
<b>Appetite Normal?</b> <i>Yes/No</i>								
<b>Urine Colour</b> <i>Normal/Dark</i>								
<b>Faecal Score</b> See attached Equine Faecal Score Chart								
<b>Skin Turgor Normal? **</b>								
<b>Stress behaviours: sweating/ pacing/ vocalisation/ weaving/ cribbing/ biting /kicking/ lethargy /fatigue/ poor performance/ conflict with training aids during work</b> If any of the above behaviours are observed, note & assign a score of 1-5 (1 = small amount; 5 = extensive amount)								

\*\* To test for dehydration, gently pinch skin on neck in front of shoulder using thumb & forefinger. Release skin – it should snap back into place quickly (1-2 seconds). If skin is slow to return to normal (i.e. stays 'tented'), horse may be dehydrated.

## EQUINE FAECES SCORE CHART

**SCORE 1 - WATERY DIARRHOEA**



**SCORE 2 - DIARRHOEA**



**SCORE 3 - SOFT, UNFORMED**



**SCORE 4 - SOFT, FORMED**



**SCORE 5 - FIRM, FORMED**



**SCORE 6 - HARD, DRY**

